

Chakra cleaning with singing bowls

According to the Tibetan 6-chakra system. The singing bowls are placed on the chakras and rubbed. The resulting vibrations harmonies the entire energy body. In addition, the 5 elements: earth, water, fire, air and ether, are used.

50 min | Euro 86,-

Lomi Lomi Nui

The feeling of gliding weightless in the ocean, carried by regardful hands. The characteristic are gliding movements with hands and forearms. A celebration of the senses and a nourishing path to deep relaxation. Therefore, is this oil massage also called "the queen of all massages".

80 min | Euro 156,-

Sound chair

This is a very special sound/vibration experience for the whole body. You sit on a chair; the backrest is strung with strings which are played... The vibrations penetrate the body in waves, the energy flow is activated, blockages can be released, and the body reaches a pleasant state of relaxation.

35 min | Euro 62,-
