

simply: beautiful.

Treatments & Packages

simply: book.

Our spa team is looking forward to receiving your reservation, via phone, email or directly via our website.

spa@vigilius.it

Tel: +39 0473 556652

Internal: 652

Information about our Spa

1200 m² spa area with

56 m² (14 m x 4 m) indoor swimming pool, 32 m² (8 m x 4 m) indoor and outdoor whirlpool

1 sauna approx. 85 C°, 1 steam bath approx. 40 C°

1 room for sporting activities

Opening hours:

Pool: 7.00 a.m. to 10:00 p.m.

Sauna: 3.00 p.m. to 10.00 p.m. or earlier on request

Spa treatments: 9.30 a.m. to 8.00 p.m.

Care for your face

Facials à la carte – Salin de Biosel

Each facial can be perfectly tailored to you, making it personal and unique. The ingredients of roots, bark, leaves and flowers from a whole variety of plants have their own energetic identity and are either calming (yin) or stimulating (yang). The energy balance in the skin's tissue can be restored thanks to these properties.

Deluxe: with special active ingredient concentrate	80 min	Euro 136.-
Intensive	80 min	Euro 121.-
Business	50 min	Euro 84.-

Facials by Sodashi – pure relaxation with pure raw materials

After a gentle wash using cleansing milk and a peel, a warm face compress pampers your skin. The face massage afterwards opens up the skin for the face pack chosen specifically for your individual needs. The high-quality products from Sodashi leave your skin looking radiant with a fresh, clear complexion. Choose between:

Thermal shaping: a natural luxurious face lift, nourishing and lifting the skin	80 min	Euro 189.-
Vitality: strong anti-aging effect with marine minerals, protects against environmental influences	50 min	Euro 128.-
Intensive Vitality: with an extended face and neck massage	80 min	Euro 168.-
Radiance: a skin care range chosen especially for your skin type leaving you looking radiant	50 min	Euro 118.-
Intensive Radiance: with an extended face and neck massage	80 min	Euro 164.-
Men's Special: relaxing back peel along with a new freshness and vitality for your face	80 min	Euro 168.-

Manicure and pedicure

Manicure	50 min	Euro 56.-
Pedicure	50 min	Euro 66.-
Deluxe pedicure with scrub	80 min	Euro 98.-
Nail polish		Euro 12.-

In addition we offer depilation as well as eyebrow and eyelash tinting.

Body treatments

Aroma exfoliation massage with Sodashi

After a cleanse with high-quality Sodashi beauty products, mind and body take a breather and feel free of stress and tension.

Aroma exfoliation massage with full body massage	80 min	Euro 159.-
--	--------	------------

Peel

A breather for your skin. A peel removes excess dead skin cells from the top layer of skin and stimulates circulation. Your skin feels fresh, soft and smooth again and absorbs the cream or wrap better afterwards. Ideal at the start of any stay. Ideal to start your holiday with us. Choose between:

- Mountain pine peel made from dried mountain pine cones: very gentle and warming and regenerating
- Hay flower peel moderately energising and firming
- Mountain salt peel rich in minerals, strengthening and very stimulating

Peel with moisturising cream	45 min	Euro 72.-
Peel with full body massage	80 min	Euro 148.-
Peel with wrap and half body massage	80 min	Euro 148.-

Body wraps

Gently wrapped up: Sodashi body wrap. A peel prepares your skin for the body wrap. During the therapeutic body wrap, a nourishing scalp pack is applied. Your skin is moisturised to finish. Choose between:

Detoxifying: with green tea and brown algae	80 min	Euro 178.-
Firming: with jojoba pearls and pink clay	80 min	Euro 178.-

Body packages

Floating gently wrapped up in the cosy warmth of the Soft-Pack-lounger.

- Hay bath: Cleanses and strengthens, releases tension and boosts circulation.
- Arnica and St. John's wort: Acts positively on joints and muscles, relieves stress and loosens tension.

Wrap with tea	45 min	Euro 79.-
Wrap with half body massage	75 min	Euro 119.-
Wrap with full body massage	95 min	Euro 148.-

Massages

Classic massage

Nourishing oils massaged into the skin using gentle pressure release blockages and relax muscles.

Half body massage	25 min	Euro 47.-
Full body massage	50 min	Euro 84.-
Deluxe full body massage	80 min	Euro 129.-

Deep massage

Muscle relaxing massage, ideal before or after sport.

Back & legs	50 min	Euro 109.-
-------------	--------	------------

Signature body massage with Sodashi

Gentle movements with light to moderate pressure increase the flow of energy and lymph flow throughout the body and release physical and emotional blockages. Depending on the oil selected, the massage is relaxing, stimulating, harmonising or detoxifying.

Signature massage for one person	50 min	Euro 114.-
Deluxe signature massage for one person	80 min	Euro 176.-

Intensive back massage

A warming wrap prepares the back for the back massage. Tension and blockages are released and energy can flow again.

with cupping	50 min	Euro 86.-
--------------	--------	-----------

Draining massage

A gentle massage where the lymph flow is stimulated to improve the elimination of toxins.

	50 min	Euro 86.-
--	--------	-----------

Shiatsu

Shiatsu, the ancient Far Eastern teaching of finger pressure, stimulates the body's own power of self-regulating itself. The natural balance of mind, body and soul is permanently restored through gentle stretching and careful stimulation of the meridians. The whole body feels as if reborn. Please wear light, comfortable clothing.

	50 min	Euro 109.-
--	--------	------------

Plantar massage

The reflexology zones are stimulated and rebalance the body.

Plantar massage	35 min	Euro 69.-
Combined foot and back massage	50 min	Euro 86.-

A clear head and light feet

Warm foot compresses and aromatherapy inhalation accompanies this massage. Your head and neck are loosened up, blood circulation and lymph flow are improved by the foot massage and the inner organs are activated.

	50 min	Euro 84.-
--	--------	-----------

Spa packages

Regeneration with Sodashi

These treatments reduce stress, supply skin with valuable nutrients and boost skin regeneration.

- Aromatherapy exfoliation massage using Jojoba
- Firming body wrap with pink clay and lavender
- Facial: pure relaxation and vitality using marine mineral with powerful anti-aging effect

Nonstop	2.5 hours	Euro 295.-
---------	-----------	------------

vigilius alpine

Hay peel	45 min	
Hay bath	45 min	
Relaxing massage	50 min	
Bath with hydro massage with mountain pine or Swiss stone pine	20 min	Euro 252.-

vigilius zen

Shiatsu	50 min	
Intensive à la carte facial	80 min	
Plantar massage with foot peel and wrap	50 min	Euro 299.-